



Ali Hasan Mangi

Memorial Trust

Changing Lives. One Village at a Time

Winter 2023



Dear Friends,

In the last six months, we've forged ahead with our post-floods rehabilitation projects, helping families rebuild homes, install water hand-pumps and construct toilets. We have also undertaken some exciting new work in the field of healthcare.

Since the floods of August 2022, we have helped rebuild **1230 homes** in 152 villages in four districts of Sindh. The homes are built with reinforced foundations on higher ground level so as to sustain any future rains and flooding. Families participate in the process by putting in some materials, paying the mason and contributing the labour themselves. Most exciting for us in the last few months has been expanding to District Dadu where we have begun rebuilding homes, installing hand-pumps and constructing toilets in villages of Tehsil Khairpur Nathan Shah, the worst-affected area by the floods. There is a massive need for help with rebuilding homes; the majority of people in villages across Sindh are still living out in the open. It costs our donors only Rs 100,000 to help rebuild a home.

We continue to build toilets to improve sanitation in villages. We've completed building **2808 toilets** in 172 villages. Most rural families are surviving without the most basic facility of a toilet at home. It costs our donors Rs 18600 to help build a toilet, while families contribute the mason's fee and labour themselves. Likewise, we have installed 784 families install handpumps in 98 villages. It costs the donor Rs 10,000 to help provide a handpump while the family pays for installation.



Mega-projects rarely benefit village residents. Communities need infrastructure that is small, local and inexpensive to build. In the past six months, we have helped three more communities build **culverts** so that farmers can easily transport produce across water courses and people can travel without difficulty. The material for each of these bridges costs us between Rs 50,000 and Rs 70,000 and the culvert is sturdy enough for a tractor to cross over. These bridges take no more than a week to build and communities readily put in the cost of labour. What is remarkable is how dramatically these small projects improve the lives of communities who use them.

In the field of **healthcare**, we began two new projects in the past six months that represent major progress for our team and great additions for our communities. We began a **mental health teleclinic** for patients with psychiatric disorders in collaboration with Karawan-e-Hayat, a non-profit specializing in mental health. In six months, 230 patients were seen at this clinic and given free medication. This means, members of our communities who previously had no access to specialist care for mental health issues, are now able to get regular consultations and free medication.

Our second initiative is a **virtual clinic** catering to patients with primary healthcare problems. This service began in November at our Community Center in Village Khairo Dero in partnership with HealthX, a digital health company operating in six countries. The teleclinic operates four days a week from 10am to 4pm. In the last month of 2023, we served 300 patients who went home with free medication for a variety of illnesses. This use of technology will help us provide quality healthcare to communities on a wider scale than would otherwise have been possible.



We continue to take care of our patients with chronic needs; our physicians still come in twice a week to offer consultations and free medication to those cases. In 2023, we also helped 100 people with **specialist care**, hospitalization and complex surgery, including children who needed life-saving procedures for congenital defects of the heart. We also started a new program to help women with the costs of C-section surgery by establishing a referral system with a gynaecologist in Larkana.

Our **family planning** team continues to go door-to-door in villages of the area, talking to communities about the benefits of smaller families and the effects on women's health of multiple births. Our team spoke with over 1000 women in 43 villages in 2023 and facilitated 100 women to get tubal ligation procedures or get access to different birth control measures. Our success in persuading families lies entirely in the full-service package we provide. We pick women up from their villages, transport them to the hospital for the procedure, give them their medication and then take them back home. The following day, our community health worker visits the patient at home, checks up on them and then returns the following week to remove stitches.

In the field of income-generation, our project to **assist farmers** with subsidized inputs also continues. During the wheat planting season, we helped 100 farmers plant wheat on 232 acres of land. This saved them about 40 percent of the cost they otherwise would have incurred, allowing landless farmers to improve their incomes at a time when food prices are at a high. Our Sasto Dukaan (Cheap Shop) also continues to support our communities in these tough economic times. Over 100 families who earn a daily wage are able to purchase daily **food supplies** at rates 40 percent lower than retail prices. This means, if a donor contributes Rs 24000, that pays for the subsidy (loss) for one family for the entire year. That's the same amount it would cost a donor to provide a family one month's free food supplies.

In the area of **education**, we began using our vans and tractor-trolley to transport little children to our Community School and students from other villages to the TCF School in Khairo Dero. Transporting these 100 odd children has translated into higher attendance at school, especially for girls. At a government primary school in Khairo Dero, where over 300 children are enrolled, the education department has provided only two teachers and a principal. These teachers were struggling to accommodate children from different classes in the same room. We hired on our payroll, three young men, all graduates of our TCF School, as teachers at the government school. And lastly, our brand new and expanded computer lab also opened for classes at our Community Center.



Our Needs for 2024:

Project One: Ambulance

Khairo Dero Village has a population of about 6000 people and there is no ambulance serving the area. For deliveries and emergency cases, especially those at night, families have to persuade local rickshaw drivers to help transport patients. Likewise with accident cases, most of which are not safe to transport in the same mode. A new Suzuki Bolan van would cost Rs 2 million with an estimated cost of Rs 150,000 to repurpose it as an ambulance. We would need two drivers to cover 24 hours (Rs 20,000 each per month), the cost of fuel (Rs 20,000 per month) and Rs 10,000 per month to maintain the ambulance. Our current administrative staff will man the call desk.

Total Set-Up Cost: Rs 2,150,000

Total Running Cost for One Year: Rs 840,000

Total Donation Needed: Rs 2,990,000

Project Two: School Van

The TCF School in Village Khairo Dero, sponsored by the Ali Hasan Mangi Memorial Trust, serves over 1000 children from Nursery to Matric. About one fourth of children travel in from several surrounding villages. Of those, several do not have access to motorbikes or rickshaws and have to walk long distances in extreme weather conditions. We are already transporting several of these children using our van and tractor trolleys but these are not always available or sufficient. If we were able to purchase a used Van costing approximately Rs 1500000 and pay for the cost of a driver Rs 20,000 per month), helper (Rs 12,000 per month) fuel (Rs 20,000 per month) and maintenance (Rs 20,000 per month), we would be able to safely transport children to and from school, increasing attendance.

Total Set-Up Cost: Rs 1,500,000

Total Running Cost for One Year: Rs 864,000

Total Donation Needed: Rs 2,364,000

Project Three: Toilets

Village families usually use makeshift toilets that have to be manually emptied at the end of each day. A new toilet costs the donor Rs 18600 to build while the family puts in the labour, pays the mason and contributes the door/curtain. We need all the help we can get to build as many toilets as possible.

Funding Needed: Rs 18600 (as many as possible)

Project Four: Medicine

Our three types of clinics at our Community Center in Khairo Dero collectively handle 700 patients a month and the total cost of medication is Rs 500,000 per month or Rs 714 per patient per visit.

Funding Needed: Rs 500,000 per month

Project Five: Housing

Thousands of families in Sindh are still living without shelter. They're more than willing to put in the labour and what materials they can. We need as much help as we can to help rebuild.

Funding Needed: Rs 100,000 per month



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Donation information



Sponsor a house
Rs 100,000



Sponsor a toilet
Rs 18600



Sponsor a hand-pump
Rs 10,000



Support patient care
Rs 795 per patient visit



Sponsor a C-section
Rs 15000



Sponsor a delivery
Rs 8000



Sponsor a tubal ligation
Rs 5000



Support a family's food needs
Rs 2000 per month



Support a farmer
Rs 600 per acre



Support women's skills
Rs 2000 a day



Sponsor school support
Rs 1200 a day



Sponsor village sanitation
Rs 1500 a day



Sponsor village security
Rs 8500 a day



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DONATION INFORMATION

Account Title: Ali Hasan Mangi Memorial Trust

Account Number: 0568434191001032

IBAN: PK07MUCB0568434191001032

MCB Bank

Branch Name: Shahbaz

Branch Code: 1578

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